



Women's Travel Club
Friends • Fun • Travel
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Signature Costa Rica 2024 Itinerary

Feb 5, 2024 - Feb 16, 2024

Costa Rica is a natural bridge between North and South America. It is one of the most biodiverse countries in the world and contains nearly 6% of the world's biodiversity. It has 12 distinctive ecological zones ranging from cloud forests, rainforests, mangroves, dry forests and more. Join the Women's Travel Club on this Signature tour looking at some of the best Costa Rica has to offer. You will stay in exclusive and beautiful accommodations as we visit Tortuguero to learn about sea turtles, the thermal spas of Arenal, Monteverde with its cool mountain mist and the beaches of Manuel Antonio National Park. Your expert, naturalist guide will teach you about this fascinating destination while you are immersed in the local culture and the "Pura Vida" way.

February 5 - Pre-Tour Day



Pre-night accommodation at Park Inn by Radisson San Jose

Ave 6, San Bosco San Jose, San Jose, 10103, Costa Rica

Phone: (506) 411 1100

Park Inn by Radisson San Jose check-in time: 3:00 PM (local time)

February 6 - Day 1



Welcome to Costa Rica

You will be met at the airport and transferred to our arrival hotel. The rest of the day is yours to relax and explore. We will meet this evening for a welcome meeting and our first dinner together to get better acquainted.

If you arrive early enough, you'll have time to head into the city to visit a museum or the main plaza in the city centre. The city of San Jose offers beautiful old buildings, churches and museums. These structures underwent a variety of construction trends over the years and exude the city's culture and history. We invite you to walk along the boulevard that crosses the city from West to East, visit the Central Market that was established over 135 years ago, and the Cultural Square (Plaza de la Cultura) that was built over 120 years ago which, is famous for its National Theater.



Park Inn by Radisson San Jose

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February 7 - Day 2



Tortuguero National Park

This morning we travel to Tortuguero National Park where we will enjoy guided boat trips and wildlife viewing through the canals and coastal jungle. Enjoy a delicious Costa Rican breakfast en route as we transfer by road then boat through the famous canals of Tortuguero. This tropical eco-paradise is home to countless bird and animal species, and you will have many opportunities to view and photograph wildlife. The tropical rainforest gives way to prime secluded beaches, ideal nesting grounds for green turtles, loggerhead, hawksbill, and leatherback turtles.

After lunch at our beautiful eco lodge we will explore the park on a boat tour within Tortuguero National Park. Tortuguero Canal boat tour at the amazing Tortuguero National Park is an unforgettable experience that seems to transport you to an ancient time where crocodiles are the kings of the jungle.



Breakfast, Lunch, Dinner



Pachira Lodge Tortuguero

Canals, Limón Province, 70206, Costa Rica

Phone: (+506) 2709-8172

Pachira Lodge Tortuguero check-in time: 12:00 PM (local time)

February 8 - Day 3



Tortuguero National Park

After breakfast we will embark on a guided visit to Tortuguero Town. Visit the Tortuguero Village and the Caribbean Conservation Company, to get a taste of the afro-Caribbean culture and the preservation philosophy of Tortuguero. While in town we will visit the Sea Turtle conservancy.

The Sea Turtle Conservancy Tortuguero Visitor Center is an educational center located in the heart of Tortuguero National Park, one of the most important sea turtle nesting sites in the world for green turtles. STC has been working with green turtles in Tortuguero since 1959, making it the world's oldest sea turtle research and conservation group.

Enjoy a free afternoon at our beautiful lodge.



Breakfast, Lunch, Dinner



Pachira Lodge Tortuguero

February 9 - Day 4



La Fortuna

Today we depart after breakfast and make our way to La Fortuna and Arenal Volcano National Park. In Arenal we check into our secluded mountain oasis. Amor Arenal is inlaid among Arenal Volcano's untouched tropical forest jungle. Its privileged location and premium facilities engage visitors in a celebration of sights, sounds, flavors, and scents. From the spring water dipping pools to raw hiking trails. From wellness spa rituals to meditation within the forest canopy.

This afternoon you will relax in the thermal pools of Eco Termales. This natural paradise has water heated and nourished by the Arenal Volcano.



Breakfast, Lunch, Dinner



Amor Arenal

Route 142 to the Arenal Volcano National Park, Province of Alajuela, La Fortuna, 21007

Phone: +506 2479-7070

Amor Arenal check-in time: 3:00 PM (local time)

February 10 - Day 5



Arenal Volcano National Park

We start our day with an excursion to Arenal's hanging bridges. The hanging bridges are a highlight of any trip to Costa Rica. From the fantastic canopy views to the wildlife along the trail, this activity is one to remember.

After the hanging bridges we will take part in a cooking class at an organic farm. Learn how to prepare an authentic Costa Rican meal and then enjoy the food we prepared for lunch.

Then we will work off our delicious lunch with a guided hike in Arenal National Park. Learn about the history of the volcano as you wander through the spectacular forest keeping an eye out for wildlife.



Breakfast, Lunch, Dinner



Amor Arenal

February 11 - Day 6

Monteverde



After breakfast we will take a boat across Lake Arenal up to the misty mountain air of the Monteverde cloud forest region. These unique cloud forests are in danger, making this a truly special visit. Less than 1% of the world is classified as Cloud Forest.

This afternoon we will visit a coffee plantation. Learn about everything from harvesting, to husking, drying, and roasting the beans before enjoying the best part – a fresh cup!



Breakfast



Ocotea Boutique Hotel

250 North from Banco de Costa Rica, Sapo Dorado Neighborhood, Cerro Plano, Monteverde.

Phone: +506 40022599

Ocotea Boutique Hotel check-in time: 3:00 PM (local time)

February 12 - Day 7



Monteverde

This morning we will explore the cloud forest on a guided hike. It's time to head into the cloud-covered forest, past oversized ferns and exotic orchids. Harness your inner Tarzan and Jane as you imagine swinging from the giant vines. Trudge along 12km (7 mi) of trails, watch for wildlife, and trek to the top of the observation tower. Be sure to stop and listen, too. Hear the haunting call of the bellbird and perhaps catch sight of the brilliant green and red resplendent quetzal.

This afternoon it is time for some adventure. Sky Trek zipline courses begin at the top of the mountains, you'll ride and open air gondola to this point while admiring the best views of the surrounding area and even more. From there on, you will start the zipline course down the mountain. Cables stretch from mountain to mountain, reaching incredible lengths and heights, crossing canyons, going into the forests, and even sometimes in between clouds. But Sky Trek is more than that, live a unique experience beyond distance or heights, admire unique views, and feel the adrenaline like no other adventure.



Breakfast



Ocotea Boutique Hotel

February 13 - Day 8



Manuel Antonio National Park

Today we make our way from the Cloud forests of Monteverde to the beaches of Manuel Antonio National Park. Manuel Antonio National Parks is one of the most beautiful National parks in the world. Here you can spot wild sloths, snakes, frogs, monkeys, and much more wildlife, while being just steps from the white sand beaches the area is famous for.

Enjoy this afternoon to relax at our beautiful resort hotel. This make be a great opportunity to take advantage of a spa treatment.



Breakfast



Parador Nature Resort & Spa

Punta Quepos, Manuel Antonio, Costa Rica

Phone: +506 2777 1414

Parador Nature Resort & Spa check-in time: 3:00 PM (local time)

February 14 - Day 9



Manuel Antonio National Park

Pack your sunscreen, snack, beach shoes, and prepare for a great day in Costa Rica's smallest yet no less stunning national park. Manuel Antonio offers four white-sand beaches, separated by jagged rock outcrops and tidal pools. Swim, snorkel, surf, and sunbathe. When you're all beached out, head to the shade of the nearby hiking trails to search for sloths, monkeys, and armadillos. Climb to the lookout to capture views of the pristine Pacific Ocean and the area's off-shore islands.



Breakfast



Parador Nature Resort & Spa

February 15 - Day 10



Manuel Antonio National Park

Today we set sail on a fabulous catamaran cruise. Cruise along the Pacific Coast of Costa Rica aboard a 100ft catamaran, taking in the impressive scenery and lush jungle that has made Manuel Antonio famous. Keep your eyes peeled for playful dolphins who call these waters home before stopping to snorkel, swim, or ride one of the boat's water slides into the ocean. If you're wanting to relax and experience what the locals call Pura Vida (pure life), then look no further.

This afternoon we will transfer back to San Jose.

After a wonderful day in the sun we will enjoy one last dinner together.



Breakfast



Park Inn by Radisson San Jose

Ave 6, San Bosco San Jose, San Jose, 10103, Costa Rica

Phone: (506) 411 1100

Park Inn by Radisson San Jose check-in time: 3:00 PM (local time)

February 16 - Day 11



Depart Costa Rica

Time to say good-bye to this amazing country and fabulous friends you have made along the way. Transfer to the airport for your flight home as needed.



Breakfast, Dinner



Post-night accommodation at Park Inn by Radisson San Jose

Ave 6, San Bosco San Jose, San Jose, 10103, Costa Rica

Phone: (506) 411 1100

Park Inn by Radisson San Jose check-in time: 3:00 PM (local time)